

LETTER FROM THE EXECUTIVE DIRECTOR

Hello,

As the year comes to a close, I like to take a look back at all of the accomplishments for the year. Spending the past five months leading the Toledo Center has been full of amazing wins and growth. In the past five months, we expanded our services dramatically and added adult services back into our brand, allowing us to serve more clients and meet the needs of our community. This growth has also allowed us to bring on more passionate and caring staff. Just this month we added another therapist, Julie Knapp, and a dietitian, Natalie Olrich, to our team.

This season has brought many things to Toledo Center that are cause for celebration, so that's exactly what we did! In November, we opened our doors to the community for a beautiful open house. Our staff were thrilled to show off the improvements done to our space and share the wonderful programming changes that we made in 2022.

During this time, we also added partial hospitalization programming back into our schedule and re-opened our Journey House transitional living home to allow clients a safe space to stay while working on their recovery. We updated this home with beautiful new furniture, and we're excited to have this space available to our clients.

Also new this year is our Enhanced Family Education and Coaching Program led by Kate Fisch, LCSW, Odyssey's AVP, Clinical Services – Eating Disorder Network. Kate developed and launched this impactful program and met with over 15 families from the Toledo Center while their loved ones were in care. She provided them with resources and support to help them feel comfortable and confident in supporting their loved ones in recovery.

As we look ahead to 2023, we're excited to continue this growth and look forward to the opportunities to serve our community with our passion and knowledge.

All the best,

Olivia Dunbar, Executive Director



**TOLEDO CENTER
FOR EATING DISORDERS**

Hope Healing and Recovery