

LETTER FROM THE EXECUTIVE DIRECTOR

Hello,

Please allow me to introduce myself. I am Olivia Dunbar, the new Executive of Director of Toledo Center for Eating Disorders (TCED).

I started at TCED during a period of growth and transformation and could not be more excited to share our vision and progress with all of you. Since March, we have been taking steps to focus on the needs we saw in the community. This has included an overhaul of our clinical program, in which we brought in a consultant to help us build an entire new program focused on client-centered care that incorporates dialectical behavior therapy (DBT) and acceptance and commitment therapy (ACT). We have also done some wonderful updates to our dietary programs, moving away from microwaved meals and we now offer homestyle meals prepared by our culinary team.

As we move into fall in the Midwest, it is a great reminder of just how beautiful the transition can be. We are working on transitioning our facility to become a very warm, welcoming, and healing space for our clients. This includes new furniture, fresh paint, and many other updates that really bring the space together and make it more fun and functional for our adolescent age group

We are so excited to see the direction TCED is moving, and I personally could not be more excited to be joining the team at such an integral time in this growth. We look forward to serving our community in the best way we know how, and we can't wait to share all our updates with you soon.

All the best,

Olivia Dunbar, Executive Director



**TOLEDO CENTER
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